

FROM STINKY TO STELLAR

A PRACTICAL WORKSHOP FOR IMPROVING
TEAM MEETINGS, DECISIONS, AND RESULTS

When meetings stink, it's not just annoying—it's expensive. Lost time. Lost clarity. Lost productivity.

Want to build better meeting culture across your organization? This high-impact session helps your team recognize and replace the five most common meeting pitfalls with smarter, more intentional alternatives to ... increase productivity, enhance team effectiveness, and improve individual well-being. **So your meetings go from stinky to stellar!**

WORKSHOP INCLUDES

- A live 90-minute interactive session diagnoses common meeting issues and gives clear tools to fix them [in person or virtual]
- A "5-pitfall framework" + practical, actionable techniques
- Engaging visuals, breakout prompts, and real-world examples
- Add-on options include team charter development, individual coaching, or a follow-up session to embed new habits
- Optional Meeting Makeover Toolkit (e.g., templates, worksheets, agenda formats)

IDEAL FOR

- Executive and department leadership teams
- Cross-functional or restructured teams
- Project teams launching big initiatives
- Teams struggling with communication, collaboration, or decision-making
- Anyone leading meetings with external stakeholders, partners, or customers

INVESTMENT

\$2,500 flat fee
(for teams/groups up to 20)

This workshop is an excellent stand-alone training. It's also a perfect entry point into our full Leadership Transformation process.

*Built on insights from organizational psychology and tested in real workplaces, this workshop equips your team with practical, **immediately usable tools** leading to better implementation and improved outcomes.*



BOOK IT
A 20-minute
discovery call
with Andrea